



# Tavistock and Portman Charity

Understanding the life of the mind

## Tavistock and Portman Charity | Small Bids Reporting Form

<b>Project title</b>	REN Book Club – Meeting Shocka on March 4 <sup>th</sup> 2026
<b>Name of successful applicant/ team</b>	Race Equality Network Book Club Race Equality Network Chair.

**Please describe the lasting impact of this funding and who has benefitted (500 words).**

This event was so impactful after the REN Book Club Member read Shocka's book A Section of My life. I invited Shocka to meet our book club members and to join in a Q and A session. This was such an amazing event to share his lived experience with him. This was our opportunity to meet Shocka face-to-face. Where we were able to discuss his book. This is a wonderful opportunity to hear directly from Shocka about his book, ask questions, and enjoy an engaging discussion together!

Shocka shared his favourite quote with us "Shame dies when your story is told in a safe space" cause that's exactly what happens when a community with like minds and similar beliefs come together all the shame trial and stigma dies! - Words from Shocka

**Please provide us with any pictures or testimonials that can be shared.**





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