



# Tavistock and Portman Charity

Understanding the life of the mind

## Tavistock and Portman Charity | Small Bids Reporting Form

<b>Project title</b>	Tree of Life Group for Unaccompanied Asylum Seeking Young People
<b>Name of successful applicant/team</b>	Growing With You Children Looked After and Unaccompanied Asylum Seekers CAMHS

### **Please describe the lasting impact of this funding and who has benefitted (500 words).**

The funding created a lasting impact by marking the ending celebration of an 8-week narrative therapy group with young people in a meaningful and culturally sensitive way. The celebration allowed us to celebrate and honour their Tree of Life drawings and the personal and cultural stories, their identities, values, strengths and hopes they shared throughout therapeutic group. It also supported us to honour bearing witness to the young people's stories and other professionals and carers, who support the young people were also invited to be part of this celebration and to witness their stories.

The beneficiaries were unaccompanied asylum-seeking young people who participated in the group who are under the care of the local authority. The funding paid for food for the celebration. Providing food played an important role in connecting the young people with their own cultures and each other, strengthening relationships, reinforcing the supportive community formed during the therapeutic group, celebrating the ending of the group, and the stories heard.

### **Please provide us with any pictures or testimonials that can be shared.**

"In my opinion, from my experience I had, it was wonderful. I had different cultures and sharing culture, biggest experience is getting all of this from the group".

"Respect. The instructors being respectful, listening to us, their manor and kindness and thoughtfulness. This is what I got from it".

"It was really special being together and eating food from different cultures It added richness of the celebration and made the goodbye special"