



Tavistock and Portman Charity

Understanding the life of the mind

Tavistock and Portman Charity | Small Bids Reporting Form

Project title	i-THRIVE 10 Year Anniversary Celebration
Name of successful applicant/ team	i-THRIVE Programme Team

Please describe the lasting impact of this funding and who has benefitted (500 words).

The THRIVE Framework for systems change emphasises prevention and promotes good mental health and wellbeing across the entire population of children, young people and their families. At this 10 year celebration event, we were able to showcase the voices/ work of young people and providers about the ways local implementation of the framework across England has enabled equitable place-based opportunities that draw on the strengths of community resources and evidence based interventions available to children, young people and their families to ensure their holistic needs can be met

Over 100 people attended the event – many of them are strategic leads from across the country with responsibility for commissioning or delivering services that impact on Children and Young people mental health. We had a very good response to feedback where over 60% of respondents spoke about the key takeaways for them being the powerful messages that they heard from the young people with lived experience.

In addition, we had a presentation from Rochdale which are part of Greater Manchester i-THRIVE (an accelerator i-THRIVE site). Professionals from Rochdale presented on how they had used the framework to meet the needs of children and young people with SEND using an integrated, community centred and needs based approach. What made this even more powerful was that a young person from Rochdale with autism who is now a Youth Ambassador was then able to talk about what the changes mean to his life and the lives of other children and young people. Having the opportunity to make friends, find meaning, hope and connection in the community have made a huge difference to his life. He also spoke about the importance of having the opportunity to be an ambassador and how that had impacted his mental health positively.

One of key lasting benefits of having young people share their experience is to give a powerful message about the impact of co-producing services.

It was also important to model an event co-produced by children and young people to demonstrate the power of such an approach.



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We had 6 young people involved and presenting at the event – each spoke about the importance of the opportunity to them in giving them an opportunity to share their message and how it had impacted on their self-confidence.

The event was recorded, and we will be able to share this even more widely with the relevant networks.

Please provide us with any pictures or testimonials that can be shared.

The young people that came were amazing - please pass on our genuine thanks

The young people who spoke about their own lived experience. How important connecting to peers who you can relate to is for recovery. We need to work more to include children and young people

the voices of the CYP were particularly helpful. always much higher impact to hear things from them rather than having it diluted/synthesised by 'experts'

I liked variety of presentations and voices, especially experts by experience.





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