

**Tavistock and Portman Charity** 

Understanding the life of the mind

## Tavistock and Portman Charity | Small Bids Reporting Form

	Celebratory event to mark the achievements of PCPCS.
Project title	
	Primary Care Psychotherapy Consultation Service
Name of successful applicant/	(PCPCS)
team	

**Please describe the lasting impact of this funding and who has benefitted** (500 words). The funding allowed the PCPCS team to go out for a celebratory meal to recognise the ending of the service and the disbanding of the team.

In August 2024, PCPCS was informed that it would not be recommissioned beyond 31<sup>st</sup> March 2025, having operated for over 15 years. The past six months has been a difficult period for the team, as we have had to come to terms with the end of the service and the impact this will have on patients and our partners in Hackney, as well as manage anxiety about our future roles. Following the service closure, we will no longer be working together as colleagues and this has also been a source of sadness for the team. During this time the team has worked hard to offer treatment to as many patients as possible, whilst also finding opportunities to reflect on and celebrate the important and unique therapeutic work that our service has offered over the years.

It felt important that the team was given the opportunity to celebrate all that we have achieved as a team/service over the years and enjoy spending time together before we part ways. Over the years we have always enjoyed having a team meal together, to celebrate various occasions. We felt it would be important to have such a meal to mark the end of our service, and to not have to worry about the personal financial implications of this.

As such, I made a request to the Charity to see if they would be able to contribute to this celebratory event. The funds allowed us to cover the costs of food for the 14 PCPCS team members (drinks were paid for separately by individuals from their own pocket). Having the funding allocated meant we could secure a small restaurant that was made available only to our team for the evening, allowing us to have a relaxed and enjoyable celebration.

## Please provide us with any pictures or testimonials that can be shared.

Please see attached photographs.



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